



***Creating Environments of Resiliency and Hope in Ohio
Trauma-Informed Care (TIC) Statewide Initiative***

Infiltration of TIC in Ohio communities

Goal:

Expand opportunities for Ohioans to receive trauma-informed interventions by enhancing efforts for practitioners, facilities and agencies to become competent in trauma informed practices.

Progress to date:

- Train-the-trainer model – 170 trainers available throughout the state; as of May 2017 over 10,500 have been trained in trauma-informed approaches at over 268 trainings
- Content focused on system infrastructure and infiltration
 - Understanding trauma
 - Trauma-informed approaches
 - Principles of trauma-informed approaches
 - Guidance and implementation
 - Healing and recovery
- Repository of expertise, knowledge, and shared resources to assist in dissemination of information and support the implementation of TIC throughout the state, assuring that TI learning opportunities are available everywhere
 - <http://mha.ohio.gov/traumacare>
 - <http://dodd.ohio.gov/Initiatives-and-Partnerships/Pages/default.aspx>
- Train-the-Trainer; *Trauma-Informed Approaches: Key Assumptions and Principles*
 - Update of 2015 trainer pool and curriculum
 - 128 new trainers as of September 2017

TIC Communication Plan/MHAS/DODD organizational and administrative commitment to TIC

Goal:

Develop an educational and communication campaign on trauma and its association to health that encourages the adoption of trauma-informed practices among facilities, agencies and practitioners to support both their customers and their workforce in achieving better health. Commit to agencies and organizations becoming trauma-informed.

Progress to date:

- MHAS website developed as a “clearinghouse” for information related to TIC distributing up-to-date information about TIC to the field, including materials for clinicians and health professionals, those who may have experienced trauma and other interested individuals
- <http://mha.ohio.gov/traumacare>
- TIC Principles of Care posters developed in collaboration with NCTIC and SAMHSA
- Center for Evidenced-Based Practice, Case Western Reserve University educational materials
- Development, production and posting of TIC videos available at:

- *Perspectives on Trauma and Hope for Healing* – impact of past trauma on recovery housing residents
 - <http://mha.ohio.gov/Default.aspx?tabid=842>
- *Perspectives on Trauma and Hope for Healing* - trauma and its implications for children and adults
 - <http://mha.ohio.gov/Default.aspx?tabid=842>
- *Perspectives on Trauma and Hope for Healing* – trauma and the process of recovery
 - <http://mha.ohio.gov/Default.aspx?tabid=842>
- *The Neurobiology of Trauma* - Dr. Brian Sims, NASMHPD, Medical Director
 - <http://mha.ohio.gov/Default.aspx?tabid=104>
- *Persons With Lived Experience Panel*
 - <http://mha.ohio.gov/Default.aspx?tabid=104>
- *Perspectives on Trauma and Hope for Healing* - Athens County Deputy Sheriff talks about the impact of past trauma on individuals he encounters
 - <http://mha.ohio.gov/Default.aspx?tabid=878>
- *Perspectives on Trauma and Hope for Healing* - Director of Early Childhood programs talks about trauma and its implications for children and adults.\
 - <http://mha.ohio.gov/Default.aspx?tabid=878>
- *Perspectives on Trauma and Hope for Healing* – persons with lived experience share their story and healing journeys
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- *Compassion fatigue* – helping the helpers build resilience while supporting others
- *The Role of Trauma-Informed Care in Incident Investigations and Planning*

Fourth Annual Trauma-Informed Summit

Goal:

Identify promising practices and share feedback and continuous learning and form the basis for more advanced work in developing trauma-informed environments and practices.

Progress to date:

- *Creating Environments of Resiliency and Hope in Ohio*
- May 1, 2017 – *Trauma-Competent Care*
- May 2, 2017 – *Helping the Helpers; Workforce Resilience*
- Attendance: 500+ both days
 - Hyatt Regency Columbus

Partnership Work

Goal:

Support the implementation of trauma-informed care systems and trauma-specific services across Ohio's social services systems.

Progress to date:

- Partner with the Ohio Department of Health on their Early Childhood Comprehensive Systems (ECCS) Grant – MHAS, Bureau of Children and Families: *Understanding Toxic Stress*
- Partner with Attorney General's Office VOCA (Crime Victim's Fund) programming
- Combined TIC training for ODJFS and OhioMHAS Licensure and Certification staff

- Combined OhioMHAS, DODD, Attorney General’s Office, ODJFS, ODE and ODH Central Office staff training: *Trauma-Informed Approach: Key Assumptions and Principles* (200 staff, February 2016)
- Partner with Department of Aging to roll out *Trauma-Informed Approach: Responding to Older Adults*
- Partner with Ohio Veterans Homes to implement trauma-informed care within nursing homes and domiciliary; all staff training in October and December 2016
- Partner with Ohio Peace Officer Training Academy (OPOTA) to roll out critical subject Trauma-Informed Policing training (6 hrs.) for law enforcement basic and advanced professional development training January 2017. To date, over 1,800 law enforcement officers have participated in the six hour Trauma-Informed Policing course.

Regional Trauma-Informed Collaboratives

Goal:

Expand opportunities for Ohioans to receive trauma-informed interventions by enhancing efforts for practitioners, facilities and agencies to become competent in trauma informed practices, and facilitate cultural change within organizations, addressing gaps and barriers and taking effective steps based on the science of implementation.

Progress to date:

- Staffed by MHAS and DODD Regional Liaisons
- Transitioning to local leaders
- <http://mha.ohio.gov/traumacare>
 - Click on TIC Regional Collaboratives
- Southwest Region - Specialized Training - “Trauma-Informed Organizations: Beginning the Discussion”
- One-time funding of up to \$7,000 to support the work of the TIC Regional Collaboratives in SFY16

Northwest

- Two regional trainings that target primary health care providers regarding the importance of understanding TIC when working with patients and their families

Lower Northeast – Stark County ADAMH

- Provide Trauma-Informed Care (TIC) training to direct service staff and supervisors in the Lower Northeast Ohio Region

Southeast – Athens 317 Board and Muskingum Area ADAMH Board

- Develop and produce educational and marketing materials to advance the awareness of trauma and the impact of trauma on individuals and families

Southwest – Montgomery County ADMAH

- Develop video interviews with individuals who have “lived experience”, family members, residential providers, and DD employees to how trauma/toxic stress is experienced at a variety of levels with the individuals, families, and systems involved.
- Continued funding of up to \$6,000 in SFY17

Central

- Two regional trainings - *Trauma-Informed Care: An Introduction*

Southeast

- Produce educational and marketing materials to advance the awareness of trauma and the impact of trauma on individuals and families; display and traveling kit
- *SETICC Website (South East Trauma Informed Care Collaborative)*
 - Update website to include trauma-competent providers
- Trauma Competency 101: For staff, peers and volunteers

Southwest

- Understanding Complex Trauma and Innovative Approaches
 - June 22, 2017
 - Joseph Spinazzola, Trauma Center and Justice resource Institute

Upper Northeast

- Trauma-Informed Conference
- May 22, 2017
 - *Healing Trauma in the 21st Century – New Insights for Rapid Recovery*
Eric Gentry, PhD, LMHC, CEO, Compassion Unlimited
 - *Trauma Informed Care: A System Transformation*
 - *Trauma-Informed Approach: Responding to Older Adults*
 - *Mitigating the Risk of Compassion Fatigue through Building Resiliency*
- Sponsorships
 - Southwest General Hospital
 - ADAMHS Board of Cuyahoga County
 - ADM Board of Summit County
 - The Center for Health Affairs
 - DD Board of Cuyahoga County
 - Carrington Behavioral Health

Lower Northeast

- Development of video on compassion fatigue/secondary trauma
 - Carol O'Connell
 - Robin Tener
- Development of video on role of TIC in incident investigations and prevention planning